



IRON HORSE

· TAVERN ·

GLUTEN FREE MENU

SALADS

Caesar Salad

romaine, shaved parmesan cheese
NO CROUTONS

Farm Salad

field greens, cranberries, creamy herb vinaigrette
NO BLEU CHEESE

Sante Fe Chicken Salad

black beans, corn, peppers, onions, red cabbage, jicama, avocado, pepperjack cheese, chipotle ranch dressing

Luau Shrimp Salad

mixed lettuces, mango, mandarin oranges, carrots, red cabbage, green onions, toasted almonds, plum vinaigrette

Salmon Niçoise

roasted salmon, herb vinaigrette, potatoes, green beans, tomatoes, mixed greens, niçoise olives, egg
NO COUS COUS

Thai Skirt Steak Salad

mixed greens, cabbage, tomatoes, cilantro, mint, carrots, scallions, mango, almonds, thai dressing
NO RAMEN NOODLES, SUB GRILLED CHICKEN OR SHRIMP

SANDWICHES

Served as lettuce wrap. Served with choice of housemade sea salt potato chips, mixed greens or fries
sweet potato fries 1.95

Tavern Burger

thousand island dressing, tomatoes, lettuce, onions, pickles
add bacon, egg, cheese, avocado, mushrooms 1.95, double patty 5.25
LETTUCE WRAP

Cubano

black forest ham, thick cut bacon, pickles, pepperoncini, whole grain mustard, gruyère cheese
LETTUCE WRAP

Turkey Sandwich

honey roasted turkey, mixed greens, tomatoes, bacon, smoked gouda cheese
LETTUCE WRAP, NO MENDOCINO MUSTARD

Prime Rib Sandwich

sliced prime rib, gruyère cheese, garlic butter, creamy horseradish, au jus
LETTUCE WRAP

Chicken Burger

buffalo sauce, bleu cheese mayonnaise, tomatoes, jalapeño slaw
LETTUCE WRAP, SUB GRILLED CHICKEN

Impossible Burger

pickled carrots and cucumbers, jalapeños, avocado, cilantro
LETTUCE WRAP, NO ASIAN BBQ SAUCE

TAVERN PIZZAS

ALL PIZZAS GLUTEN FREE, SUB CAULIFLOWER CRUST

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness
Items are cooked in the same fryer as other menu items

SMALLER

Roasted Carrots

pea greek yogurt purée, queso fresco
NO FARRO

Sweet and Spicy Shrimp

honey-mayonnaise, sriracha mayonnaise
NO BREADING

Tuna Poke Nachos

sweet onions, nori, avocado, wasabi cream, sriracha mayonnaise, tomatoes, rice
SUB WHITE RICE, NO SOY SAUCE, NO CRISPY WONTONS

BIGGER

Korean Fried Chicken

spicy pickled vegetables, sunny side up eggs, kim chee, jalapeños, white rice
SUB GRILLED CHICKEN

Loco Moco

seasoned hamburger patties, sunny side up eggs
SUB WHITE RICE, NO GRAVY

Brick Chicken

pan seared chicken, roasted sweet potato, brussels sprouts, natural jus

Pan Seared Atlantic Salmon

jasmine rice, baby carrots
NO BLACK GARLIC DEMI GLAZE

Hawaiian Style Ribeye Steak

sriracha fingerling potatoes, spicy green beans, chili flakes
NO SOY SAUCE

BRUNCH

Breakfast Board

egg, fruit, bacon, fresh peanut butter, greek yogurt
NO CROSTINI

Breakfast Sandwich

maple bacon, scrambled eggs, cheddar cheese, garlic aioli, chorizo salsa, chives, toasted brioche bun
NO BUN, LETTUCE WRAP

Two Egg Breakfast

breakfast potatoes, toast and your choice of thick cut bacon, maple brown sugar bacon sausage, smoked chicken apple sausage or black forest ham
NO POTATOES SUB FRUIT, NO TOAST
SUB CORN TORTILLAS \$2 UPCHARGE

Spanish Frittata

eggs, chorizo, fire roasted tomato salsa, guacamole, sour cream, crispy tortilla chips

Huevos con Chile Relleno

black beans, tomatillo salsa, pepper jack and cotija cheese, crispy corn tortilla

DESSERTS

Butterscotch Crème Brûlée

apple slices
NO PECAN PRETZEL CRUMBLE

